

# WEBINAR

## Coping with Crisis: Building Psychosocial Resilience in the Face of Climate Change

July 29th

1-2pm PDT

Register here: <https://bit.ly/3fqwmzF>

Climate change is putting Tribal communities at an increased risk for severe impacts from heat, drought, wildfires, floods, melting ice, sea level rise, and more. As tribal environmental professionals, it is our job to understand these risks and help develop plans for adapting to climate change threats. Addressing the mental and emotional impacts of climate change is an important part of developing individual and community psychosocial resilience. This webinar will provide you with the opportunity to learn and share techniques to protect emotional health and wellness as part of your climate change adaptation planning, and will help you build psychosocial resilience to better cope, connect, and recover before, during, and after a disaster.



**Shasta Gaughen** is the Environmental Director and the Tribal Historic Preservation Officer for the Pala Band of Mission Indians in Pala, California. She has worked for Pala since January 2005, and established Pala's Tribal Historic Preservation Office in 2008. She has also been an adjunct professor in the Anthropology Department at California State University San Marcos since 2006. Dr. Gaughen received her PhD in Anthropology from the University of New Mexico in 2011. She is Chair of the National Association of Tribal Historic Preservation Officers, a member of the Advisory Council on Historic Preservation, Secretary of the Board for the Native American Environmental Protection Coalition, lead of the Tribal Working Group for the Climate Science Alliance - South Coast, a member of the Institute of Tribal Environmental Professionals' Climate Change Advisory Committee, and Vice President of the board for the Upper San Luis Rey Resource Conservation District. Dr. Gaughen oversees the Tribal Climate Health Project, a grant-funded education and outreach project that includes a website, resource clearinghouse, webinars, videos, and in-person presentations on climate change and health adaptation in Tribal communities.