WHITE FOLKS (PART II): A CALL TO ACTION

TOOLKIT

In this toolkit, we will explore oppression within the United States on three levels: **Micro, Meso,** and **Macro.** We will identify on which levels prejudice exists and on which levels **prejudice,** if reinforced by systems of **power,** turns into **racism.** In order for us to do so, we must look at how we operate within each level of society. We must acknowledge that racism is not something that is separate from us regardless of our identities. We each fit within the system of racism and depending on our actions, contribute to **white supremacy** on varying levels.

This toolkit will assist in identifying actionable next steps for how we can hold ourselves and others accountable in being **actively anti-racist.**

Disclaimer: Black people and other people of color do not have the institutional power to be racist.

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WHAT IS THE 'MICRO-LEVEL'?  
Individual level (thoughts, beliefs, feelings, intentions, interactions with others, etc.).

WHAT IS THE 'MESO-LEVEL'?  
Group level (organizations, communities, ethnic groups, political parties, schools, etc.).

WHAT IS THE 'MACRO-LEVEL'?  
Systemic or institutional level (laws that are passed, resources made available to certain groups, the way society views a certain group of people or concept, etc.).

PROMPT 1: What are some ways to hold yourself & others accountable in combating prejudice on a micro or individual level?

PROMPT 2: What are some ways to hold yourself or others accountable in combating prejudice on a meso or group level?

PROMPT 3: What are some ways to hold yourself or others accountable in combating racism on a macro or institutional level?

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LEVELS OF SOCIETY

- Nation, Society
- Coalitions
- Social Media
- Workplace
- Community
- Neighborhood
- Individual

RACISM
This shift requires reinforcement of power.

PREJUDICE

MACRO-LEVEL
MESO-LEVEL
MICRO-LEVEL
WHAT IS 'NON-RACIST'?

Acknowledging that racism exists within the United States, while still holding individual power by separating self from racism & not condemning it when witnessed.

WHAT IS 'ANTI-RACIST'?

Continuously self reflecting on individual contributions to injustice on a micro, meso, & macro-level by unlearning & learning how racism operates within the U.S. & actively addressing & condemning it when witnessed.

WORD BANK: Here is a word bank of useful language to drive your conversations.

“Yes, and…”
“Tell me more about…”
“Can you tell me where that idea comes from?”
“Can you tell me more about the first time you heard that concept or idea?”
“We are bringing different information and perspectives to this conversation; we can learn from each other.”
“This made me feel…”
“I feel ________ when...”

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NON-RACIST ≠ ANTI-RACIST

- Acknowledges Racism
- Separates Self From Racism
- Does Not Condemn Racism

- Continuously Self-Reflects
- Unlearns & Learns
- Actively Addresses & Confronts